

THE NORDICS 2024



February 1-4, 2024
Borås, Sweden

ANNOUNCEMENT



1. GENERAL REGULATIONS

The Nordics will be conducted in accordance with the ISU Constitution and General Regulations 2022, the ISU Special Regulations & Technical Rules for Single & Pair Skating 2022, and all relevant ISU Communications.

Participation in the Nordics Open is open to all Competitors who belong to an ISU Member and qualify with regard to eligibility according to Rule 102, provided their ages fall within the limits specified in Rule 108, paragraph 3 a) and they meet the participation, citizenship and residency requirements in Rule 109, paragraphs 1 through 5 and ISU Communication 2030 or any update of this Communication.

Passports/EU ID cards of all Skaters, as well as the ISU Clearance Certificate, if applicable, must be presented at the accreditation of the event for verification.

All competitors must be entered through their respective Member Federation.

The Nordics 2024 is organized by Borås Konståkningsklubb and the Swedish Figure Skating Association

2. TECHNICAL DATA

VENUE

Main arena (MR):

Borås Ishall, Rink A, Armbågavägen 6, Borås.

An indoor ice-rink with the ice surface of 30 x 60 m, air-conditioned and heated,

Practice rink (PR):

Borås Ishall, Rink B, Armbågavägen 6, Borås.

An indoor ice-rink with the ice surface of 30 x 60 m, air-conditioned and heated

The main arena and the practice rink are in the same building.

SENIOR MEN	Short program	The required elements to be skated re those listed in ISU Technical Rules Single & Pair Skating 2022, Rule 611, paragraphs 1 and 2 Duration: 2 min 40 sec +/- 10 sec
	Free Skating	In accordance with ISU Technical Rules Single & Pair Skating 2022, Rule 612 and respective ISU Communications. Special attention should be paid to the "well balanced program" and the element value. Duration: 4 min 10 sec +/-10 sec
SENIOR WOMEN	Short program	The required elements to be skated re those listed in ISU Technical Rules Single & Pair Skating 2022, Rule 611, paragraphs 1 and 2 Duration: 2 min 40 sec +/- 10 sec
	Free Skating	In accordance with ISU Technical Rules Single & Pair Skating 2022, Rule 612 and respective ISU Communications. Special attention should be paid to the "well balanced program" and the element value. Duration: 4 min 10 sec +/-10 sec

JUNIOR MEN	Short program	The required elements to be skated re those listed in ISU Technical Rules Single & Pair Skating 2022, Rule 611, paragraphs 1 and 3 Duration: 2 min 40 sec +/- 10 sec
	Free Skating	In accordance with ISU Technical Rules Single & Pair Skating 2022, Rule 612 and respective ISU Communications. Special attention should be paid to the “well balanced program” and the element value. Duration: 3 min 30 sec +/-10 sec
JUNIOR WOMEN	Short program	The required elements to be skated re those listed in ISU Technical Rules Single & Pair Skating 2022, Rule 611, paragraphs 1 and 3 Duration: 2 min 40 sec +/- 10 sec
	Free Skating	In accordance with ISU Technical Rules Single & Pair Skating 2022, Rule 612 and respective ISU Communications. Special attention should be paid to the “well balanced program” and the element value. Duration: 3 min 30 sec +/-10 sec

3. ENTRIES

Entries by names must be made via the ISU Online Registration Competitors System (ORS): <https://fms.sportresult.com/isu> by **December 28, 2023 20:00 local time Sweden** at the latest.

Entries of competitors

Each invited Member from the *Nordic countries* has the right to enter competitors as follows:

- ✓ **3 Senior Men and 3 Senior Women**
- ✓ **3 Junior Men and 3 Junior Women**

Based on the result of The Nordics Open 2022:

Junior Men:

Sweden has one (1) extra entry

Finland has one (1) extra entry

Junior Women:

Finland has one (1) extra entry

Sweden has one (1) extra entry

Each invited Member from *all other ISU Members* has the right to enter competitors as follows;

- ✓ **2 Senior Men and 2 Senior Women**
- ✓ **2 Junior Men and 2 Junior Women**

Citizen / Residence requirements and Clearance Procedure: In accordance with Rule 109 of ISU Regulations and ISU Communication 2030 or any update of it, all skaters who do not have the

Nationality of the Member, which they have been entered or who although having such nationality, have in the past representing another Member, must produce an ISU Clearance Certificate.

Entries of officials

The host Nordic country member is responsible for appointing Referees and Technical panels for all categories, following initial suggestions from the Nordic country members as well as for the appointment of the Judges panels.

Each Nordic country member is responsible for providing at least one (1) international or ISU level judge, and at least one (1) technical panel member, but maximum two (2) Technical Controllers or Specialists. The Host country completes the panels of Officials according to the ISU Rules and relevant Communications regarding world standing points and officials' activity.

Entry fee

The entry fee is **75 €** per skater and a minimum of **250 €** per Nordic Member. In addition each Nordic country pays a contribution of **500 €**.

The entry fee will not be refunded in case of withdrawals for any reason. Entry fee must be paid by **January 28 2024** through invoice to be sent out after the final entry day.

4. MUSIC & PLANNED PROGRAM CONTENT

Music files in mp3 format are requested to be uploaded on web links not later than January 8. See page 7.

Each competitor must have an own back up-up drive (USB stick)with music files in the format of MP3. Each file must be clearly marked with: Name, category, country and type of program (SP/FS)

Each ISU Member is also asked to upload the national anthem on web link according to information on page 8.

Please note: CD:s will not be accepted

The Planned Program Content must also be entered by the ISU Member or the skater in the ISU portal.

5. ACCOMMODATION AND MEALS

Official hotel:

Quality Hotel Grand Borås

Hallbergsplatsen 2

503 30 Borås

<https://www.strawberryhotels.com/hotels/sweden/boras/quality-hotel-grand-boras/>

Hotel accommodation must be booked through the Organizer via ORS latest December 28, 2023

All room rates include breakfast, VAT and free Wi-Fi.

Single room 1400 SEK/room and night

Double room 1600 SEK/room and night

Triple room 1950 SEK/room and night

Hotel rooms must be booked through the Organizing Committee **only**.

Chaperon Accomodation

It is not possible for Chaperon´s to book accomodation at the official hotel.

The Organizing Committee can recommend chaperons to make their booking at [Comfort Jazz Hotel](#) in the central Borås. The hotel is situated on short walking distance from the official hotel.

Meals

Teams can book meals, lunch and dinner, starting on Wednesday lunch and ending with Sunday lunch except Friday dinner. Meals can be booked at the arena or at Quality Grand Hotel.

Arena – meal box:

Cost per meal and person is 120 SEK.

Lunch box can be picked up between 11:00-14:00

Dinner box can be picked up between 18:00-21:00

Quality Grand Hotel - buffé:

Lunch buffet 165 SEK/person - 11:30-14:00

Dinner buffet 195 SEK per person – 19:00-22:00

All meals must be pre booked. Meal tickets will be given out per country at the accreditation on site. The meals will be paid by invoice to be sent out after the final entry day.

The Official Dinner

The Official Dinner for the Officials, coaches, team leaders and skaters will be held on Friday evening 19:30 at Orangeriet in Stadsparken (2 min walk from Quality Hotel Grand Borås). The dinner cost is 450 SEK/ person.

All banquet tickets must be pre booked by each Member The dinner will be paid by invoice to be sent out after the final entry day.

Meal tickets will be distributed to the Team Leaders at the time of registration according to bookings.

Order meals & official dinner for your team [through this link](#).

6. TRANSPORTATION

The closest international airport is Gothenburg Landvetter international airport. From Landvetter there is approximately 30 minutes by bus to/from Borås. The Organizer will not provide pick up service at the airport, since the public airport buses run frequently to/from Borås.

[Flixbus](#)

[Bus4You](#)

The railway station and the stop for airport buses are on walking distance to the official hotels.

On Sunday after the Victory Ceremony and the RTD the Organizing Committee is planning to provide transportation by bus from the arena direct to Gothenburg Landvetter airport for 350 SEK per person if at least 30 persons are interested. Please indicate your interest in the link below when ordering the local transport.

Local transport

The Organizing Committee will provide shuttle transport between the Quality Grand Hotel and the venue from Wednesday to Sunday

Order transport for your team [through this link](#).

7. PRACTICE

Official practice begins Thursday February 1 for all categories.

Unofficial practice will take place on Wednesday January 31 in the practice rink. Unofficial practice (200 SEK per 50 minutes) must be booked via link.

Order extra practice for your team [through this link](#).

The detailed practice schedules will be available after the final entry day

8. EXPENSES

Each participating Member must bear all expenses for their Competitors, Judges, Technical Panel (TC/TS/DO/RO), Team Leaders and Coaches. The meals (lunch and dinner) and pocket money for the Technical Panel members are borne by the Organizer.

If a Nordic country does not provide a judge and a technical panel person from their own country, the Country must cover the costs of one judge/technical panel person invited by the organizer. Travel and accommodation expenses will be paid only for the invited Referees, invited Technical Panel Members and invited Judges from outside Nordic countries.

9. REGISTRATION

Accreditation will be given to all Referees, Judges, Technical Panels, Competitors, Team Leaders, Coaches and Representatives from each Member Federation. Accreditation will be given at the Rink upon arrival.

10. STARTING ORDER

The draw for the starting order for short program Junior Women will be held on January 31 at 19:00 at the Quality Grand Hotel. Starting order for the remaining categories will take place the day before the respective short program, exact time and place will be published in the official detailed schedule.

Starting order for the free skating will be in the reverse order of the result of the short program.

11. RESULTS

Judging and calculations will be done according to ISU Special Regulations Single & Pair Skating and Ice Dance 2022, Rules 352 and 353.

The result will be published online <https://skate.webbplatsen.net/23-24/71937/html/index.htm>

12. AWARDS

The three best-placed Competitors in each event will be announced and honored at the official Victory Ceremony. Gold, silver and bronze medals will be presented to the medalists. The national anthem of the winner will be played.

13. LIABILITY

In accordance with ISU Rule 119, it is the sole obligation of each member participation in The Nordics 2018, to provide medical and accident insurance for their athletes, officials and all other members of the Member's team. Such insurance must assure full medical attendance and also the return of the ill or injured person to the home country by air transport or by other expeditious means. The Organizer assumes no responsibility for or liability with respect to bodily or personal injury or property damage incurred by competitors and officials.

14. MEETINGS FOR EVENT OFFICIALS AND JUDGES

All referees, Technical Controllers, Technical Specialists, Data and Replay Operators and Judges are responsible for making their travel arrangements in order to be able to attend the respective event related meetings.

Technical Panel meeting: Wednesday January 31, 19:00 at Hotel Quality Grand
Initial Judges Meeting and seating order: Thursday February 1, 12:00 at the rink
TPR and RTD: TBD

14. INFORMATION

For further information, please contact the Organizing Committee:
Borås Konståkningsklubb and the Swedish Figure Skating Association

E-mail: nordics@skatesweden.se
Ph: +46 (0)8 699 64 30

Welcome to Sweden and Borås!

15. ENTRY & BOOKING DEADLINES

All entries by name	https://fms.sportresult.com/isu	December 28, 2023
ISU Portal för PPC etc	https://isuportal.sportresult.com	December 28, 2023
Accommodation	https://fms.sportresult.com/isu	December 28, 2023
Indicate interest of transport to airport, Feb 4	https://www.survey-xact.se/LinkCollector?key=6U555R14JK9N	December 28, 2023
Meals & banquet	https://www.survey-xact.se/LinkCollector?key=9ACJG794L51N	December 28, 2023
Unofficial practice Wednesday January 31	https://www.survey-xact.se/LinkCollector?key=4JC25Q98JJC2	December 28, 2023
Competition Music Junior Women SP	https://www.dropbox.com/request/ncvqQ2aLxltAK0Sgu8aU	January 15, 2024
Competition Music Junior Women FS	https://www.dropbox.com/request/CiVV5AvKgrUqEfo8ysRR	January 15, 2024
Competition Music Junior Men SP	https://www.dropbox.com/request/IYIWt3Sly8kY809eqq8I	January 15, 2024
Competition Music Junior Men FS	https://www.dropbox.com/request/38VEsU4Z6FdhZ45Dk1qD	January 15, 2024
Competition Music Senior Women SP	https://www.dropbox.com/request/vvXGzqDAek2yPsDBGa6T	January 15, 2024
Competition Music Senior Women FS	https://www.dropbox.com/request/revGwjOPi9cl1pGD8p6b	January 15, 2024
Competition Music Senior Men SP	https://www.dropbox.com/request/eTaxVakIJLg37FMJXIXx	January 15, 2024
Competition Music Senior Men FS	https://www.dropbox.com/request/OIWkm6EZbvzMBTBEGJVo	January 15, 2024
National Anthem	https://www.dropbox.com/request/VA2j61MEpJGHJv1ICBLr	January 15, 2024

Please, mark the music files:

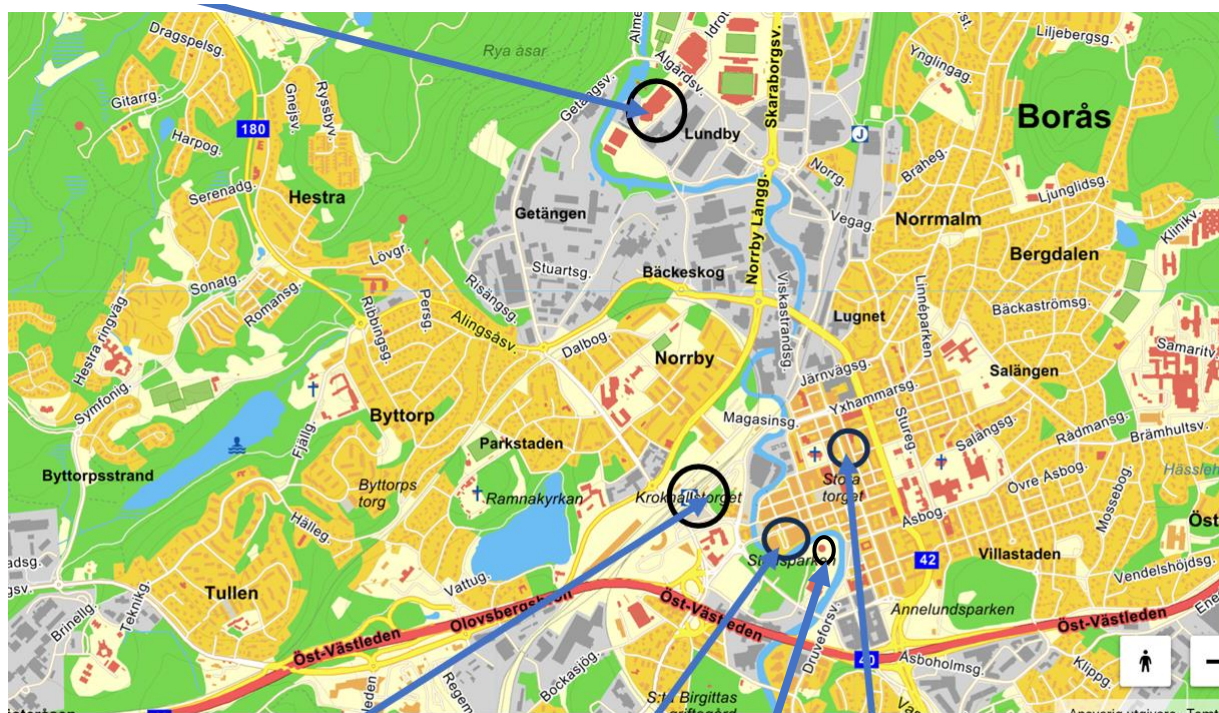
First name_Given name_COUNTRY_SP for short program
First name_Given name_COUNTRY_FS for free skating
National anthem_COUNTRY for National Anthem

Example: Anna_Andersson_SWEDEN_SP

16. PRELIMINARY TIME SCHEDULE – SUBJECT TO BE CHANGED

Wednesday, January 31	All day 13:00 - 22:00 18:00 19:00	Arrival of Teams Unofficial practice – all categories Technical Panel Meeting Draw Novice and Junior Women	MR/PR Hotel Hotel
Thursday, February 1	13:30 15:45 18:00 -21:10 TBD	Official practice – all categories ADVANCED NOVICE GIRLS ADVANCED NOVICE BOYS Opening on Ice JUNIOR WOMEN – Nordics Open Draw Junior Men	MR/PR SP SP SP TBD
Friday, February 2	07:00 12:00 13:30 16:10 - 17:15 19:30 TBD	Official practice – all categories JUNIOR MEN – Nordics Open ADVANCED NOVICE GIRLS ADVANCED NOVICE BOYS VICTORY CEREMONY Novice Boys & Girls Official Dinner Draw Senior Men & Women	MR/PR SP FS FS On ice Orangeriet TBD
Saturday, February 3	07:00 12:00 14:20 15:50 19:50 -21:20	Official practice – all remaining categories SENIOR WOMEN – Nordics Open SENIOR MEN – Nordics Open JUNIOR WOMEN – Nordics Open JUNIOR MEN - Nordics Open VICTORY CEREMONY Junior Women & Men	MR/PR SP SP FS FS On ice
Sunday, February 4	06:00 11:00 14:00 -15:00	Practice – Senior categories SENIOR WOMEN – The Nordics Open SENIOR MEN – The Nordics Open VICTORY CEREMONY Senior Women Senior Men RTD Senior Women RTD Senior Men Technical Panel Review meeting	MR/PR FS FS On ice Arena Arena Arena

17. BORÅS AND THE VENUE AREA



Railway station and airport buses

Clarion Grand Hotel

Orangeriet (banquet)

Comfort Hotel Jazz

Borås Ice Rink is located in the Knalleland event and shopping area north of Borås Centre.

Here you will find lots of shops, restaurants and other types of sports facilities within walking distance. Borås Zoo is also closely connected to the area (10 min walk from the ice rink).

There are several free parking lots in the area and near the rink you will find both a gas station and charging boxes for those who come by car.

The arena itself has all the functions that the Nordics needs and contains two separate ice surfaces: the main rink which is our official practice & competition arena, and the practice rink, which is only used for practice during the Nordics.

All areas intended only for accredited participants are located in the basement with a participant entrance and our entrance level, which you reach via the main entrance, contains common areas, cafeteria, competition office and public areas including bleachers etc.